



ПОСТВОЄННА СОЦІАЛЬНО-ПСИХОЛОГІЧНА РЕАБІЛІТАЦІЯ
БДПУ / Програма імені Фулбрайта в Україні



POST-WAR SOCIAL AND PSYCHOLOGICAL REHABILITATION
BSPU / FULBRIGHT UKRAINE

FINAL REPORT

of Berdiansk State Pedagogical University

on project implementation

«POST-WAR SOCIAL AND PSYCHOLOGICAL REHABILITATION»



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I. General information about the project

The implementation of the “Post-war Social and Psychological Rehabilitation” project took place within the framework of the Small Grants Program Strengthening Ukrainian Displaced Universities for Sustainability (SUDUS) Program Implemented by Fulbright Program in Ukraine.

The goal of the project is to train competent masters-level specialists in Social Work and Psychology, capable of carrying out social and psychological rehabilitation of war-affected people at a high professional level for the post-war restoration in quality of Ukrainians life and the recovery of the state.

Tasks of the project:

1. Conducting research on the content of the interdisciplinary educational program “Post-war social and psychological rehabilitation”, target audience, and stakeholders.
2. Analyzing domestic and international experience and best practices of social and psychological assistance and rehabilitation of war-affected people.
3. Forming a pool of experts practitioners ready to join the creation of the interdisciplinary educational program “Post-war social and psychological rehabilitation” and its implementation.
4. Designing the interdisciplinary educational program “Post-war social and psychological rehabilitation”.
5. Developing didactic materials of courses withing an interdisciplinary educational program “Post-war social and psychological rehabilitation”..
6. Developing an information package of the interdisciplinary educational program “Post-war social and psychological rehabilitation”..
7. Developing short-term advanced training programs “Post-war social and psychological rehabilitation” for social workers and practical psychologists.
8. Conducting an advertising campaign of the interdisciplinary educational program and short-term advanced training programs “Post-war social and psychological rehabilitation” for social workers and practical psychologists.

Project Dates: November 1, 2022 – April 15, 2023.

Performers: Berdyansk State Pedagogical University (Order №31a from 14.12.2022p.)

Olha HURENKO – First Vice-Rector, Doctor of Pedagogy of Sciences, Professor of the Department of Social Work and Inclusive Education – project coordinator;

Kateryna PETROVSKA – Head and Associate Professor of the Professor of the Department of Social Work and Inclusive Education, PhD in pedagogy – the project manager;

Anastasiia POPOVA – Associate Professor of the Professor of the Department of Social Work and Inclusive Education, PhD in pedagogy – a member of the project team;

Olena STARYNSKA – Associate Professor of the Department of Applied Psychology and Speech Therapy, PhD in Psychology – member of the project team;

Natalia TSYBULIAK – Associate Professor of the Department of Applied Psychology and Speech Therapy, PhD in Psychology – member of the project team.

List of partner universities participating in the project:

Vasyl' Stus Donetsk National University (**Viktoriia OVERCHUK**, Doctor of Economic Sciences, Professor, Head of the Department of Psychology);

Mariupol State University (**Olena BLASHKOVA**, Associate Professor of the Department of Practical Psychology, Candidate of Pedagogical Sciences);

Zaporizhzhia National University (**Olena TUPAKHINA**, Doctor of Philological Sciences, Associate Professor of the Department of German Philology, Translation and World Literature).

II. Final Results of the Project Phased Implementation

Title of the phase	Planned main stages of project implementation	Result	Appendix or link to activity
1. Initiation (November, 1st week)	Forming project team	Project members from all partner universities have been identified: – Berdyansk State Pedagogical University (Olha Hurenko, Kateryna Petrovska, Anastasiia Popova, Natalia Tsybuliak, Olena Starynska); – Vasyl' Stus Donetsk National University (Olha Doronina, Viktoriia Overchuk); Mariupol State University (Tetiana Marena, Lenina Zadorozhna-Kniagnytska, Iryna Sikorska, Olena Blashkova, Tetiana Ivanets); – Zaporizhzhia National University (Olena Tupakhina).	Link to the site page in Ukrainian https://bdpu.org.ua/faculties/fdssso/structure-fdssso/kaf-social-pedagogy/proiektna-diialnist/fulbright-program-in-ukraine-mizhdystsyplinarna-op-postvoienna-sotsialno-psykholohichna-reabilitatsiia/komanda-proiektu/ Link to the site page in English https://bdpu.org.ua/en/faculties/fdssso/structure-fdssso/kaf-social-pedagogy/proiektna-diialnist/fulbright-program-in-ukraine-mizhdystsyplinarna-op-postvoienna-sotsialno-psykholohichna-reabilitatsiia/komanda-proiektu/
	Personnel training for the implementation of the project	1. Project members' duties, working time and wages have been distributed. 2. Project implementation matrices have been developed (general framework matrix, matrix for partner universities).	Appendices 1, 2, 3, 4, 5

	<p>Conducting presentation of the project for the host university and partner universities community and external stakeholders</p>	<p>3. The project team for the implementation of the project "Post-War Social-Psychological Rehabilitation" has been approved.</p> <p>1. On November 11, presentation of the project was held for the academic community of the host university, partner universities and external stakeholders. Based on the results of the project presentation, an article was published in the online newspaper of the Berdyansk State Pedagogical University "University Word" and a publication was made on the project's Facebook page.</p> <p>2. During the presentation, an input survey has been conducted for external stakeholders; the survey results have been analyzed and their suggestions would be included in the development of the educational program.</p>	<p>Appendix 6</p> <p><u>Link to the site page:</u> https://bdpu.org.ua/faculties/fdsso/structure-fdsso/kaf-social-pedagogy/proiektna-diialnist/fulbright-program-in-ukraine-mizhdystsyplinarna-op-postvoienno-sotsialno-psykholohichna-reabilitatsiia/zakhody-i-podii/ <u>Link to the online newspaper:</u> https://us.bdpu.org.ua/prezentatsiia-proiektu-postvoienno-sotsialno-psykholohichna-reabilitatsiia.html <u>Link to Facebook post:</u> https://m.facebook.com/story.php?story_fbid=pfbid031agzDGYtYcEgHoxpnYkfE8XYgNcKgvRhSGMFGzKMj5pXMnFgH7WtLJWERUKfFJJJ&id=100087397880790&mibextid=Nif5oz</p> <p><u>Link to a incoming survey in google form:</u> https://forms.gle/fgUdzE1r42RHv5dK7</p>
	<p>Creating project's web pages on the participating universities' websites and project's account in social network, their moderation and constant support</p>	<p>1. The identity of the project has been developed</p> <p>2. The project's account has been created on Facebook</p> <p>3. The project page has been created on the website of the organizing university .</p>	<p>Appendix 7</p> <p><u>Link to the Facebook page:</u> https://www.facebook.com/postwar.rehabilitation</p> <p><u>Link to the site page in Ukrainian</u> https://bdpu.org.ua/faculties/fdsso/structure-fdsso/kaf-social-pedagogy/proiektna-diialnist/fulbright-program-in-ukraine-mizhdystsyplinarna-op-postvoienno-sotsialno-psykholohichna-reabilitatsiia/</p>



			<p><u>Link to the site page in English</u></p> <p>https://bdpu.org.ua/en/faculties/fdso/structure-fdso/kaf-social-pedagogy/proiektna-diialnist/fulbright-program-in-ukraine-mizhdystsyplinarna-op-postvoienno-sotsialno-psykholohichna-reabilitatsiia/</p>
<p>2. Preparation phase (November-December 2022)</p>	<p>Conducting research on the content of the interdisciplinary educational program, target audience, and stakeholders by interviewing bachelor's graduates and specialists of social and psychological services, internally displaced persons (IDP) work centers and public organizations that provide social and psychological assistance to war-affected people</p>	<ol style="list-style-type: none"> 1. A questionnaire has been developed. 2. A bank of respondents has been formed. 3. The questionnaire has been sent to the respondents (with the help of messengers, social media and the "Public Space" platform). 4. An analysis and interpretation of the research results (employers, potential applicants who are graduates) has been conducted and discussed. 	<p>Appendix 8</p> <p>Link to news on the "Public Space" platform: https://www.prostir.ua/?news=doslidzhennya-sotsialno-psykholohichnyh-problem-i-potreb-osib-postrazhdalych-vnaslidok-vijny-chy-aktualna-narazi-postvojenno-sotsialno-psykholohichna-reabilitatsiya</p> <p>Appendices 9, 10</p>
	<p>Studing and generalizing domestic and international experience and best practices of social and psychological assistance and rehabilitation of war-affected people.</p>	<ol style="list-style-type: none"> 1. Foreign educational programs have been analyzed. 2. Scientific articles have been analyzed. 2. Websites of social service providers have been researched. 	<p>Appendices 11, 12,13</p>
	<p>Forming a pool of experts practitioners ready to join the creation of interdisciplinary educational program and</p>	<p>Formed a pool of experts practitioners .</p>	<p>Appendix 14</p>



	its implementation.		
	Analyzing the educational services market in relevant specialties at the regional and national levels.	1. An analysis of educational programs for training professionals in relevant fields has been conducted in all regions of Ukraine.	Appendix 15
3. Project development phase (January-February 2023)	Designing the interdisciplinary educational program “Post-war social and psychological rehabilitation”.	1. The results of research on domestic and foreign experiences and best practices in social-psychological assistance and rehabilitation for individuals affected by war were discussed. 2. An educational program has been designed, which includes the purpose, tasks, competencies, learning outcomes, and a list of core competencies and other components. 3. A curriculum and an explanatory note for the plan have also been developed.	Appendices 16,17,18
	Developing didactic materials of courses withing the interdisciplinary educational program.	1. The list of didactic materials of courses withing the interdisciplinary educational program. has been determined 2. Templates for didactic materials of educational courses have been developed. 3. Didactic materials of courses withing the interdisciplinary educational program have been developed. 4. Didactic materials have been placed on the Moodle electronic platform.	Link to Google Drive: https://drive.google.com/drive/folders/1KEwP_GKGrkBzRTOO1OKq10Sq4QUJGZzz?usp=share_link
	Developing an information package of interdisciplinary educational program.	1. A template and form for an information package have been developed. 2. The information package has been meaningfully filled with content. 3. The information package has been placed on the project website.	Appendix 19, Link to the site where the information package of educational program is posted: https://bdpu.org.ua/faculties/fdso/structure-fdso/kaf-social-pedagogy/proiektna-diialnist/fulbright-program-in-ukraine-mizhdystsyplinarna-op-postvoienno-sotsialno-psykholohichna-reabilitatsiia/rezultaty-proiektu/
	Analyzing the project’s	1. An analysis has been conducted on the risks	Appendix 20



	<p>risks of implementing a new interdisciplinary educational program in the conditions of temporary relocation of the university and possible ways to overcome them.</p>	<p>associated with implementing a new interdisciplinary program during the university's temporary relocation, and potential solutions to overcome these risks have been identified.</p>	
	<p>Conducting public discussion of the interdisciplinary educational program project with the involvement of external and internal stakeholders and broad public, making appropriate adjustments.</p>	<ol style="list-style-type: none"> 1. Presentation of the educational program project to the Council of Employers of the specialty. 2. Consultation with Professor of Clinical Psychology at Columbia University, USA - George A. Bonanno. 3. The educational program project has been posted on the project website for discussion. 4. The procedure for discussing the educational program project and obtaining feedback from stakeholders (Google form) has been organized. 	<ol style="list-style-type: none"> 1. Educational program presentation at the meeting of the Council of Employers: https://us.bdpu.org.ua/vidnovlennia-diialnosti-rady-robotodavtsiv-br-spetsialnosti-231-sotsialna-robota.html 2. Consultation with Professor : https://us.bdpu.org.ua/konsultatsiia-profesora-klinichnoi-psykholohii-kolumbiyskoho-universytetu-ssha.html 3. Link to the project website where the educational program is posted: https://bdpu.org.ua/faculties/fdss/structure-fdss/kaf-social-pedagogy/proiektna-diialnist/fulbright-program-in-ukraine-mizhdystsyplinarna-op-postvoienno-sotsialno-psykholohichna-reabilitatsiia/rezultaty-proiektu/ 4. https://bdpu.org.ua/wp-content/uploads/2023/04/Proiekt-OPP.pdf 5. Link to Google questionnaire : https://docs.google.com/forms/d/e/1FAIpQLS_dIE0Mdt-TxOcQoYCKfU24Vc1d95EtaV8Y6DIJn_vHF_BsJ0bw/viewform?usp=sf_link
	<p>Carrying out a comprehensive analysis of personnel support and BSPU's potential to ensure the quality of</p>	<ol style="list-style-type: none"> 1. A comprehensive analysis of the qualitative composition of the departments of Social Work and Inclusive Education, as well as Practical Psychology and Speech Therapy at BSU has been carried out. 	<p>Appendices 21,22</p>



	interdisciplinary educational program implementation.		
	Developing a short-term advanced training programs for social workers and practical psychologists.	<ol style="list-style-type: none"> 1. A list of short-term advanced training programs for social workers and practical psychologists has been developed. 2. A template of short-term advanced training programs for social workers and practical psychologists has been developed. 3. Content of short-term advanced training programs for social workers and practical psychologists has been developed. 	Appendices 23,24
4. Evaluation and implementation phase (March-April 2023)	Reviewing the interdisciplinary educational program by external independent experts	<p>Received reviews of the educational program from:</p> <ol style="list-style-type: none"> 1. Iryna B. Savelchuk (Professor of the Department of Social Technologies of the National Aviation University, Doctor of Pedagogical Sciences, Professor). 2. Olena V. Chuyko (Doctor of Psychological Sciences, Professor of the Department of Social Rehabilitation and Social Pedagogy of Taras Shevchenko National University of Kyiv). 	Appendices 25,26
	Submitting interdisciplinary educational program for BSPU Academic Council's and Council on Teaching and Research Methodologies' approval in 2023	A package containing relevant documents was prepared and submitted for the consideration of the draft of the new educational program by the Academic Council of the Faculty of Preschool, Special and Social Education of the BSPU and the Academic Council of the University.	
	Inclusion of the approved interdisciplinary educational program in the 2023 tender offers of the BSPU	The developed educational program is included in the 2023 tender offers of the BSPU.	Посилання правила прийому до БДПУ на 2023 рік: https://bdpu.org.ua/entry-rules/
	Developing a promotion plan of the new	Promotion plan of the new interdisciplinary educational program and short-term advanced training	Appendix 27



	interdisciplinary educational program and short-term advanced training programs for social workers and practical psychologists in the educational services market	programs for social workers and practical psychologists have been developed.	
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III. The Impact of the Project's Results on Improving the Ability of Berdyansk State Pedagogical University to Provide Quality Educational Services (particularly in conditions of war).

Berdyansk State Pedagogical University is one of the leading institutions of pedagogical education in Ukraine, which has been temporarily relocated to Zaporizhzhia (as per the Order of the Ministry of Education and Science of Ukraine No. 357 of April 20, 2022 <https://bdpu.org.ua/wp-content/uploads/2022/05/Nakaz.pdf>).

The project “Development of an Interdisciplinary Program for “Post-War Social and Psychological Rehabilitation” can significantly improve the University's ability to provide quality educational services in times of war and its aftermath. The interdisciplinary educational-professional program “Post-War Social and Psychological Rehabilitation”, developed as part of the project, is a new educational product that will be offered in the market of educational services at the new location. The goal and main focus of the program, as well as its significance for Ukraine in training specialists in social and psychological rehabilitation of persons affected by war, will contribute to the interest of potential applicants and create a competitive advantage for admission to Berdyansk State Pedagogical University. An increase of 20% in applicants for the specialty 231 Social Work of the second (master's) level of higher education is predicted for 2023, compared to 2022.

Implementation of the project:

1. Will contribute to the training of qualified professionals who can provide social and psychological rehabilitation for military and civilian individuals (including children) who have suffered from war.
2. Will offer a theoretical and practical basis for developing new teaching methods and approaches, evaluating knowledge and competencies of education seekers, which will improve the educational process and activities of the University and better prepare professionals in social and psychological rehabilitation in the post-war period.

3. Will promote the development of interdisciplinary connections for a comprehensive and systematic approach to professional training.

4. Will create new educational courses aimed at preparing professionals in the rehabilitation of military and civilian individuals (including children) who require support and assistance. This will enable the creation of a bank of short-term courses for professional development and retraining of personnel in the social and psychological field.

5. Will have a positive impact on the development of scientific research in the field of social-psychological rehabilitation of military and civilian individuals (including children) after the war. The results of research can be used to improve educational programs and develop new methods of social-psychological rehabilitation.

6. Will contribute to the formation of a positive image of the University and increase the number of students and researchers interested in studying and developing the problem of social and psychological rehabilitation of individuals who have suffered from war.

7. Will allow for the expansion of strategic partnership bases, information presence, adaptability, and proactivity of the university (including through the involvement of foreign professionals).

Therefore, the implementation of the interdisciplinary program “Post-War Social and Psychological Rehabilitation” can significantly impact the ability of higher education institutions to provide quality educational services in times of war and the post-war period, development of scientific research, strengthening of interdisciplinary connections, and increasing the competitiveness of the university in the educational services market.

IV. Reaction of the Target Audience and Stakeholders to the Results of Project Implementation

One of the key indicators of the success of any project is the reaction of the target audience and stakeholders to its results. The implementation of the educational-professional program “Post-war Social and Psychological Rehabilitation” is no exception.

The reaction of the target audience was collected in five stages:

✓ Stage 1: Surveying potential stakeholders of the interdisciplinary educational program. The purpose of the survey was to identify social and psychological problems and needs of individuals affected by war, as well as the knowledge, skills, and competencies required by professionals from different social services, organizations, and institutions to provide assistance to people affected by war in order to ensure the formation of necessary professional competencies in future professionals.

The questionnaire contained 22 questions, 18 of which were closed-ended and four were open-ended. Prior to its application, this tool was verified by independent participants who did not participate in the study. All suggestions and recommendations of the participants were integrated into the final version of the questionnaire. The respondents of the survey

were selected based on their professional affiliation with the organization that provides social and psychological services to individuals affected by war in the Donetsk and Zaporizhzhia regions, as representatives of these regions are potential employers of the university graduates and applicants. The survey was conducted using Google Forms, which were sent to the participants via email. It was also posted on the project's official Facebook page for wider coverage of the audience.

Fifteen people participated in the survey, including representatives of the government, social infrastructure organizations, and practicing professionals representing six different social infrastructure organizations located in the Zaporizhzhia and Donetsk regions, which are the main providers of social and psychological services to individuals affected by war in regions with the highest intensity of combat actions and a significant number of internally displaced persons.

A detailed analysis of the input survey of potential stakeholders regarding the relevance of the educational-professional program “Post-war Social and Psychological Rehabilitation” can be found in Appendix No. 10.

✓ Stage II: Survey of Potential Applicants for the Interdisciplinary Educational Program “Post-War Social and Psychological Rehabilitation”. The goal of the survey is to identify the social and psychological problems and needs of individuals affected by war, as well as the content of the educational program demanded by graduates and potential applicants, which is being developed within the project to ensure the formation of necessary professional competencies in future specialists.

The questionnaire consisted of 24 questions, 20 of which were closed and 4 were open-ended. Before its implementation, this tool was reviewed by independent participants who did not participate in the study. All proposals and recommendations of the participants were integrated into the final version of the questionnaire.

Respondents for the survey were selected from potential bachelor's degree graduates of 2023, graduates of 2022, 2021, 2020, and potential applicants who may be interested in the educational program “Post-War Social and Psychological Rehabilitation”. The survey was conducted using Google Forms, which were sent to participants via email. It was also posted on the project's official Facebook page for a wider audience.

A total of 41 individuals participated in the survey, including potential bachelor's degree graduates and applicants who intend to continue their education and enter the second (master's) level of higher education.

For an in-depth analysis of the input survey of bachelor's degree graduates regarding the relevance of the educational program “Post-War Social and Psychological Rehabilitation”, please refer to Appendix No. 9.

✓ Stage III – Presentation of the content of the interdisciplinary educational program (IEP) to the stakeholders of the specialty 231 Social Work. The aim is to present the IEP, discuss its specifics and content, exchange experiences regarding working with individuals, social groups, and communities affected by war.

✓ Stage IV – Public discussion of the interdisciplinary educational program project with potential stakeholders and applicants. The objective is to identify gaps in the developed IEP content and adjust them based on the opinions of all key IEP stakeholders.

✓ Stage V – Independent review of the IEP project. The goal is to identify reactions to the content of the interdisciplinary IEP among representatives of the educational and academic community, including representatives of higher education institutions in the United States.

The analysis of the five stages of identifying the reactions of the target audience and stakeholders to the implementation of the project has shown that the response is positive. The potential target group has noted that the program is highly relevant and in demand in the modern job market as it provides training for professionals who can work with individuals, social groups, and communities affected by war. Survey data revealed that 80% of professionals lack sufficient knowledge and skills in the context of post-war social and psychological rehabilitation, highlighting the need for its implementation in master's degree programs and short-term courses for professional development.

The survey results, presentations of the educational program, and reviews have shown that both employers and program reviewers believe that the program has a practical orientation. The content of the disciplines provided by the program will allow the necessary competencies and program learning outcomes to be formed for working with individuals, social groups, and communities affected by war.

Stakeholders and the target audience of the project have also noted that the program will help improve the qualifications of professionals working with individuals, social groups, and communities affected by war. It will contribute to improving the quality of social and psychological assistance and social services. Additionally, stakeholders have noted that the program will be highly relevant and fully meet the needs of the modern job market in Ukraine.

Therefore, it can be concluded that the reaction of the target audience and stakeholders to the results of the implementation of the project to introduce the educational program “Post-War Social and Psychological Rehabilitation” is very positive. It is driven by the modern demand of the state for competent professionals capable of providing social and psychological rehabilitation to individuals, social groups, and communities affected by war at a high professional level.

**V. List of Actual Costs Incurred During the Active Phase of Project Implementation
(Including the Amount Spent and Items of Expenditure)**

Items of Expenditure	Amount Spent (USD)
Conducting research on the relevant content of the interdisciplinary educational program, target audience, and stakeholders	1280
Designing the interdisciplinary educational program “Post-war social and psychological rehabilitation”	400
Developing didactic materials of courses withing an interdisciplinary educational program	1600
Developing an information package of interdisciplinary educational program	200
Developing a short-term advanced training programs “Post-war social and psychological rehabilitation” for social workers and practical psychologists	370
Administration and management	150
Total:	4000

VI. Planned Costs for the Final Phase of the Project Implementation

Items of Expenditure	Amount Spent (USD)
Advertising promotion on universities web pages and accounts in social network	350
External expertise of the interdisciplinary educational program content	200
Developing a short-term advanced training programs “Post-war social and psychological rehabilitation” for social workers and practical psychologists	330
Administration and management	100
Total:	980

