

**MINISTRY OF EDUCATION AND SCIENCE OF UKRAINE  
Berdiansk State Pedagogical University**

**Educational and Professional Program**

**«SECONDARY EDUCATION (CHOREOGRAPHY). FITNESS»  
first level of higher education**

**Speciality 014 Secondary Education  
subject specialty 014 Secondary Education (Choreography)  
field of knowledge 01 Education / Pedagogy**

APPROVED  
Academic Council of BSPU  
from "26" June 2020  
record №1 / 4.3

Educational and professional program  
comes into force on 01.09.2020  
Rector:  BOHDANOV  
(order №52 of 01.09.2020)



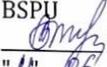
Berdiansk, 2020

**LETTER OF APPROVAL**  
**educational and professional program**  
**Secondary Education (Choreography). Fitness**  
**the first level of higher education**

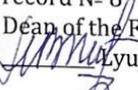
**APPROVED**

Methodical Council of BSPU  
from "22" June 2020  
record №7  
Head  
 Olha HURENKO

**AGREED**

head of the Educational department of  
BSPU  
 Olga Shubina  
"21" 06 2020

**Recommended**

FPPEA Academic Council  
from "21" June 2020  
record № 8  
Dean of the Faculty  
 Lyudmila KOVAL

**Initiated**

Department of Theory and Methods of Teaching Art Disciplines  
from "19" August 2020  
record № 1  
Head of Department  
 Olena MARTINENKO

Guarantor of educational and professional program  
"Secondary Education (Choreography). Fitness"  
 Yuliia Taranenko

## **Introduction**

Educational and Professional Program «Secondary Education (Choreography). Fitness» for specialty 014 Secondary Education, Subject specialty Secondary Education (Choreography) for the undergraduate students of the first level of higher education bachelor's degree.

Developed by a working group consisting of:

1. Yuliia Taranenko - PhD, Senior Teacher of the Department of Theory and Methods of Teaching Art Disciplines of Berdiansk State Pedagogical University – guarantor of the Educational and Professional Program «Secondary Education (Choreography). Fitness».
2. Olena Martynenko - PhD, Associate Professor and the Head of the department of Theory and Methods of Teaching Art Disciplines of Berdiansk State Pedagogical University, Honored Culture Worker of Ukraine.
3. Tetiana Serdiuk - PhD, Associate Professor of the department of Theory and Methods of Teaching Art Disciplines of Berdiansk State Pedagogical University.
4. Natalia Samsutina - PhD, Associate Professor of the department of Theory and Methods of Physical Education of Berdiansk State Pedagogical University.
5. Natalia Danylova – Director of Multidisciplinary gymnasium №2, Berdiansk, Zaporizhzhia region, skilled teacher.
6. Khrysryna Filimonova – a graduate of 2017, teacher of Choreography, Berdiansk Gymnasium №1 «Nadiia».
7. Daria Kravchenko - a graduate of 2008, group and personal trainee, Berdiansk Fitness centre «KotenGym».
8. Oleksandr Goloschapov – a graduate of 2020, the head of the dance group of IGSE №45 Mariupol, Donetsk region, PE teacher, master student of BSPU.
9. Alisa Trotsko – 2d year student majoring in 014 Secondary Education (Choreography) BSPU, Choreography teacher of Sursko-Lytovske IGSE, Dnipropetrovsk region.

### **Reviews of external stakeholders:**

Oleh Balaban –Director of the Centre for Children and Youth Creativity of the Department Education of the Executive Committee of Berdiansk City Council of Zaporizhzhia Region.

Valentyna Валентина СЕРГІЄНКО – Director of Gymnasium №1, «Nadiia”, Berdiansk, Zaporizhzhia region.

Ruslana Karushenko – Director of the Municipal institution «Primary school №36 – full day school» Mariupol, Donetsk region.

Iryna Dmitriieva -Director of IGSE №24», Dnipro.

Tetiana Blahova - PhD, Associate Professor, the head of the Department of Choreography Poltava National Pedagogical University named after V. Korolenko.

Maryna Mezhuieva – Director of the chain of Berdiansk fitness centres «KotenGym».

With changes approved by the Academic Council of the Berdiansk State Pedagogical University: from 27.04.2017 (record № 12), from 26.03.2018 (record №9), from 23.08.2019 (record №1).

**1. Profile of the educational and professional program  
in specialty 014 Secondary Education  
subject specialty 014.13 Secondary Education (Choreography)**

<b>1. General information</b>	
<i>Full name of the institution of higher education and structural unit</i>	Berdiansk State Pedagogical University Faculty of Psychological and Pedagogical Education and Arts Ukraine
<i>Degree of higher education and title of qualification in the original language</i>	Bachelor Bachelor of Secondary Education
<i>Official name of the Educational Program</i>	Educational and Professional Program Secondary education (Choreography). Fitness
<i>Type of diploma and scope of educational program</i>	degree, 240 credit ECTS
<i>Availability of accreditation</i>	First time accreditation
<i>Cycle / level</i>	FQ-EHEA – first cycle, QF-LLL – level 6, NFQ Ukraine – level 6.
<i>Requirements</i>	Complete secondary education, EQL "junior specialist", ED "bachelor"
<i>Language (s) of instruction</i>	Ukrainian
<i>Term of the educational program</i>	3 years 10 months
<i>Internet address of the permanent placement of the description of the educational program</i>	<a href="https://bdpu.org.ua/opp/">https://bdpu.org.ua/opp/</a>
<b>2. The purpose of the educational program</b>	
Quality professional training of a competitive choreography teacher focused on modern educational and social needs, with a high level of professional competence, intellectual activity, social responsibility and ability to carry out innovative pedagogical activities in educational institutions, to integrate choreography and fitness to solve current educational problems	
<b>3. Characteristics of the educational Program</b>	
<b>Subject area (field of knowledge, specialty)</b>	Field of knowledge 01 Education / Pedagogy Specialty 014 Secondary Education Subject specialty 014.13 Secondary Education (Choreography)
<b>Orientation of the educational program</b>	The program is based on well-known scientific results, taking into account practice and creativity and the integration of choreography and fitness to meet current educational and social needs for further professional and scientific careers of graduates.
<b>The main focus of the Educational Program and subject specialty</b>	The educational and professional program provides training of modern specialists who are able to solve current educational problems and satisfy social needs by integrating choreography and fitness technologies with an emphasis on the national and regional context, which provides social security, professional career of graduates and their successful employment in Ukraine and beyond.

<b>Special features of the Program</b>	<p>The program provides professional training for undergraduates of the first level of higher education in specialty 014 Secondary education (Choreography) through the integration of choreographic and fitness technologies in order to solve current educational problems (physical, cultural, creative development of students), needs and interests of society in children's fitness and dance fitness areas, as well as the introduction of the appropriate integration into the educational process of IGSE, out-of-school educational institutions, primary art education institutions, children's development centres.</p> <p>This practice-oriented program implies the immersion into the essence of the profession, outlining the trajectory line through professional competence (problem-solving and modern information technology training; laboratory methods of testing acquired professional knowledge and skills in real professional conditions; public display of artistic and fitness product; motivation to lifelong learning in order to improve professional skills, etc.).</p>
<b>4. Suitability of graduates for employment and further study</b>	
<b>Suitability for employment</b>	<p>To obtain the position at IGSE, Extra-educational institutions and institutions of primary Art education according to their qualification .</p>
<b>Further Education</b>	<p>Master Programs within educational field which are connected with Choreographic Art: interdisciplinary programs related to Choreographic Art and Fitness, Master Programs within conditions demanded by the rules of enrolment of Higher Educational institutions. Getting of additional competencies in the system of postgraduate education.</p>
<b>5. Teaching and Assessment</b>	
<b>Teaching</b>	<p>Lectures, guest lectures, classes, laboratory classes in small groups with skilled teachers, workshops and master classes, self-study work (based on information sources, implementation of methodological, research and creative tasks, etc.), tutorials.</p> <p>Education is student-cantered, problem-searched, creative-oriented, practical-oriented, individualized and differentiated.</p>
<b>Assessment</b>	<p>Cumulative grading system.</p> <p>Forms and methods of control: diagnostic control (questionnaire, testing, interview, survey); current control (demonstrations, testing, surveys, presentations, educational games, etc.); final (semester) control: credit, differentiated credit for practices and course paper, exam (oral answers, testing, presentations, academic performances, public concert performances, as well as a combination of different forms of control); final certification in the form of a comprehensive qualifying exam.</p>
<b>6. Program Competencies</b>	
<b>Integral competence (IC)</b>	<p>Ability of students to solve complex educational specialized problems and practical issues which implies using of conceptual scientific and practical knowledge, critical thinking on theories, principles, methods and concepts in professional sphere of Choreography teachers, who focus on</p>

	<p>promoting cultural values and a healthy lifestyle and who is able to continue self-education successfully.</p>
<p><b>General Competencies (GC)</b></p>	<p><b>GC-1.</b> Ability to exercise their rights and obligations as a member of civil (free and democratic) society and understand the need for its sustainable development, the supremacy of law, human rights and freedoms of every citizen in Ukraine.</p> <p><b>GC-2.</b> Ability to preserve and multiply moral, cultural, scientific values and society achievements based on the understanding of the history, philosophy and mechanisms of development of the subject area; to plan, organize and implement activities to strengthen both students' and special educational needs students' health (physical, mental, social and spiritual).</p> <p><b>GC 3.</b> Ability to use modern means of information and digital technologies for solving professional tasks and self-development.</p> <p><b>GC 4.</b> Ability to communicate in the State and foreign languages (spoken and written), to demonstrate the skills of using official literary language and terms in the professional activity.</p> <p><b>GC 5.</b> Ability for personal and professional development, self-determination and self-realization.</p> <p><b>GC 6.</b> Ability to work in a team, manage time, generate creative ideas, make effective decisions in standard and uncertain conditions, take responsibility for the results of joint activities; adhere to academic integrity and pedagogical ethics.</p>
<p><b>Professional Competencies (PC)</b></p>	<p><b>PC 1.</b> Ability to apply psychological, pedagogical, historical and cultural, methodological knowledge of choreographic art.</p> <p><b>PC 2.</b> Ability to plan and develop educational and methodical material, select and use effective forms, methods and innovative technologies of teaching choreography (fitness); use verbal commentary instructions in State and Foreign languages.</p> <p><b>PC 3.</b> Ability to monitor, analyse and evaluate the level of academic achievement of each student in accordance with their individual needs, capabilities, abilities and interests.</p> <p><b>PC 4.</b> Ability to understand the basics of music theory, work with the accompanist, musical accompaniment, apply digital literacy.</p> <p><b>PC 5.</b> Ability to demonstrate a sufficient level of choreographic skills and performing skills.</p> <p><b>PC 6.</b> Ability to deal with the legal framework of educational institutions, to provide favourable conditions for every student, to support special educational needs people in the educational environment.</p> <p><b>PC 7.</b> Ability to analyse and create a dance repertoire, to implement mass creative projects in accordance with the tasks, social and cultural needs of society.</p> <p><b>PC 8.</b> Ability to develop and implement the complexes of fitness exercises of various orientations into the educational process and social sphere, use constructions, special equipment and tools.</p> <p><b>PC 9.</b> Ability to use the knowledge about the body structure and the functioning of the human body; use health-saving technologies during the educational process.</p> <p><b>PC 10.</b> Ability to provide integrated education, apply interdisciplinary connections and solve a wide range of professional tasks and problems.</p>

	<p><b>PC 11.</b> Ability to perform scientific and creative experiments, as well as to describe, analyse, critically evaluate, present and defend the results publicly.</p>
<p><b>7. Program results of learning (PRL)</b></p>	
<p><b>PRL 1.</b> To know and exercise their rights and responsibilities as a member of society, to be responsible for carrying out professional activities, to support and multiply the best achievements of the Ukrainian nation, to be a good example for undergraduate students.</p> <p><b>PRL 2.</b> To know the basic philosophical and ethical, historical and cultural, psychological and pedagogical principles of professional work. To know health-serving technologies, means of healthy lifestyle, promote national and regional cultural values.</p> <p><b>PRL 3.</b> To use modern information and digital technologies both to solve professional issues and to make personal growth.</p> <p><b>PRL 4.</b> To demonstrate the knowledge of special professional terminology (pedagogical, choreographic, gymnastic) and show professional skills.</p> <p><b>PRL 5.</b> To identify major professional tasks; plan, organize, implement and summarize professional work; to be able to get the result within a certain period with an emphasis on professional faith.</p> <p><b>PRL 6.</b> To create partnership and leadership relationships in teams of like-minded people, to discuss, experiment, argue, summarize, make effective decisions in standard and uncertain conditions, take responsibility for the results of joint activities; to adhere to the rules of academic integrity, teaching ethics.</p> <p><b>PRL 7.</b> To be able to teach choreography and as well as integrate choreography into fitness in teaching in IGSE, out-of-school institutions, primary art education institutions; to solve professional tasks in accordance with educational changes, social transformations and needs, using interdisciplinary connections, innovative theoretical and practical achievements of Ukrainian and world practices of pedagogical education. Be able to work with undergraduate students, including special educational needs students and their parents.</p> <p><b>PRL 8.</b> Take responsibility for human life and health. To put into practice the basic principles of physiology, morphology, psychology, biochemistry in order to develop motor skills and abilities of children of different ages and with individual characteristics; to master the means of integral harmonious (mental, spiritual and physical) human development.</p> <p><b>PRL 9.</b> Be able to demonstrate skills acquired for the performance in teaching and stage practice.</p> <p><b>PRL 10.</b> To analyze, develop and implement projects to solve professional issues, for self-development, self-improvement, self-presentation.</p>	
<p><b>8. Resource assurance of program's implementation</b></p>	
<p>Specific characteristics of the staff providing</p>	<p>The implementation of the program involves scientific and pedagogical staff with scientific degrees and / or academic titles, professionals, experts, representatives of employers.</p> <p>The staff is formed of professors, associate professors who have Governmental awards or awarded with signs "Outstanding Scholar" and "Vasyl Sukhomlinsky", the award "For Dedication to profession" (for teachers and educators), awards of the Ministry of Education and Science of Ukraine, Zaporozhye Regional Council, Zaporizhia Regional State Administration, Regional Labour Union Organization of Ukraine.</p> <p>A fair amount of the research and teaching staff have practical experience in working as choreographers in extracurricular institutions and are the heads of the study-circles.</p> <p>Research and teaching staff improve their skills upgrading qualification at Higher Educational Institutions in Ukraine and by means of informal education.</p> <p>Research and teaching staff of the Educational and Professional Program meets the requirements of teaching.</p>

<p><b>Specific characteristic of material technical equipment</b></p>	<p>Bachelor students are trained on the basis of the Faculty of Psychological and Pedagogical Education and Arts. Lecture halls, methodical and language laboratories, New Ukrainian School laboratory, broadcast journalism laboratory, training TV studio as a part of the Media Centre of Berdiansk State Pedagogical University, consultative psychological laboratory and specialized classrooms for individual lessons on choral singing and orchestra which are equipped with information technologies, multimedia and educational equipment, musical instruments. Students are also provided with concert halls (seating capacity is 300 seats and 130 seats), a gym, a sports hall, choreography and computer classrooms, a canteen. All necessary conditions were created for special educational needs students in order they have possibilities to realize their rights to education - all buildings have ramps and toilets which are equipped with all necessary things to use, including students with special educational needs.</p> <p>To hold choreography classes and to allow the undergraduate students of BSPU to self-train an agreement has been signed with the Centre of Children's and Youth Art.</p> <p>Thanks to the initiative and efforts of Stepan Geryliv and his daughter Inna (a graduate of the Berdiansk State Pedagogical University, who now lives and works in the United States), there is a possibility to have close contacts with the founder and director of the American Foundation named after Kovshevich.</p> <p><a href="http://us.bdpu.org/stypendiaty-fondu-imeni-kateryny-kovshevych-ssha-u-2020-2021-n-r.html#more-39145">http://us.bdpu.org/stypendiaty-fondu-imeni-kateryny-kovshevych-ssha-u-2020-2021-n-r.html#more-39145</a>,</p> <p>It's been paying for the education of successful and gifted students in Ukraine for 15 years. As the regional director of this Foundation, Stepan Geryliv has already managed to donate almost half a million hryvnas from the Foundation for scholarships to more than 80 students of Berdiansk State Pedagogical University and other higher educational institutions of our region.</p>
<p><b>Specific Characteristics of the Informational and Educational-Methodic Assurance</b></p>	<p>The official website of Berdiansk State Pedagogical University, the newspaper "The University Word", informational-calculating center, Library fund of Berdiansk State Pedagogical University (including musical and pedagogical, art and musical publications), repository, internet resources, educational and methodical materials on disciplines and media materials which are on the electronic platform MOODLE.</p>
<p><b>9. Academic Mobility</b></p>	
<p><b>National Credit Mobility</b></p>	<p>Administration of Berdiansk State Pedagogical University supports the interested participants of the educational process of the educational and professional program Secondary Education (Choreography) Fitness at another institutions of higher education/scientific institutions-partners within the borders of Ukraine, particularly during the academic mobility.</p>
<p><b>International Credit Mobility</b></p>	<p>Administration of Berdiansk State Pedagogical University creates favourable conditions for the education of interested participants of the educational process of the educational and professional program Secondary Education (Choreography) Fitness at another institutions of higher education/scientific institutions-partners within European countries particularly during the academic mobility.</p>

<b>Teaching of Foreign Students</b>	It is not provided
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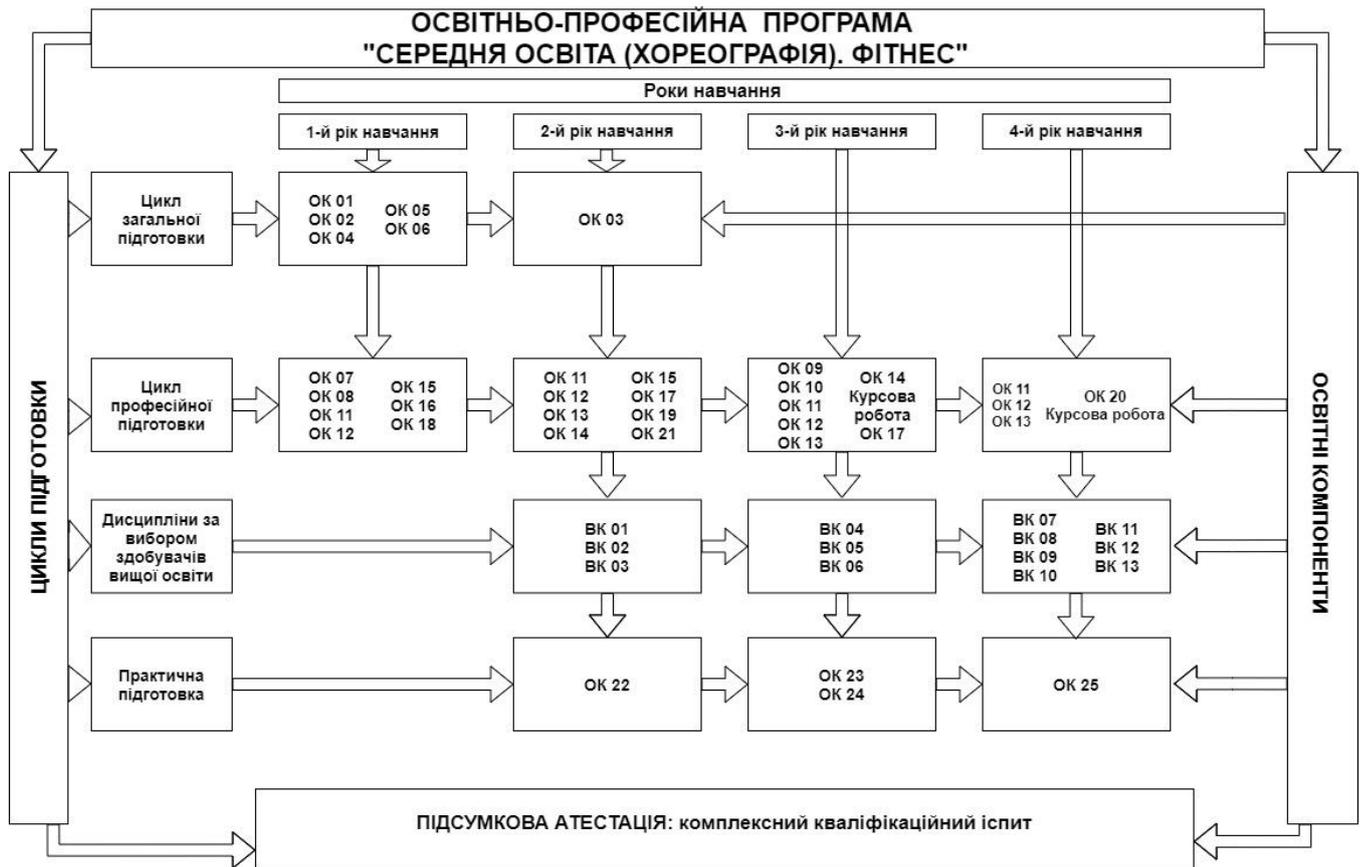
## 2. The List of Components of Educational and Professional Program and their Logical Sequence

### 2.1. The List of Components of Educational and Professional Program

<i>code</i>	Components of Educational-Professional Program (academic disciplines, course works, practices, qualification works)	Amount of credits	Form of the Final Control
<b>Compulsory Components of EP</b>			
CC01	History of Ukraine	3	Exam
CC02	Foreign Language	6	Exam
CC 03	History of Ukrainian Culture	3	Test
CC 04	Ukrainian Language (by professional direction)	3	Exam
CC05	Philosophy	3	Exam
CC 06	Modern Information Technologies	4	Test
CC 07	Psychology	6	Exam
CC 08	Pedagogy	6	Exam
CC 09	Inclusive Education	3	Test
CC 10	The basics of academic writing	3	Test
CC 11	Theory and teaching technics of classical dance	17	Test, Exam
CC 12	Theory and teaching technics of folk and stage dance	17	Test, Exam
CC 13	Composition and staging of the dance	12	Test, Exam
CC 14	Theory and teaching technics of working with a dance group	9	Test, Exam, course paper
CC 15	Theory and teaching technics of modern ballroom and modern dance	12	Test, Exam
CC 16	The basics of music theory and playing a musical instrument	5	Test, Exam
CC 17	School choreography course. Fitness in IGSE	9	Test, Exam
CC 18	Morphological and metabolic bases of physical education and sports	10	Test, Exam
CC 19	Gymnastics and its teaching technics	6	Exam
CC 20	Modern fitness technologies	11	Test, Exam, course paper
CC 21	Teaching technics of PE	5	Exam
CC 22	Teaching practice	3	Differentiated Test
CC 23	Practical training	6	dif. test
CC 24	Practical training	9	dif. test
CC 25	Practical training	9	dif. test
<b>General Amount of Compulsory Components</b>		<b>180</b>	
<b>Elective Components of Educational-Professional Program</b>			
EC 1	Discipline 1	6	Test
EC 2	Discipline 2	6	Test

EC 3	Discipline 3	6	Test
EC 4	Discipline 4	8	Exam
EC 5	Discipline 5	3	Test
EC 6	Discipline 6	3	Test
EC 7	Discipline 7	5	Test
EC 8	Discipline 8	5	Test
EC 9	Discipline 9	5	Test
EC10	Discipline 10	3	Exam
EC11	Discipline 11	3	Test
EC12	Discipline 12	3	Test
EC13	Discipline 13	4	Test
<b>General amount of elective components</b>		<b>60</b>	
<b><i>Sertification</i></b>			
Comprehensive qualifying exam			
<b>General Amount of EPP</b>		<b>240</b>	

### 3. Structural and Logical Scheme of Educational and Professional Program



### 4. Form of the Certification of Students

#### Certification of graduates

Certification of graduates of Educational and Professional Program «Secondary Education (Choreography). Fitness» for specialty 014 Secondary Education, Subject specialty Secondary Education (Choreography) is conducted in the form of the comprehensive qualifying exam. Certification is open to public.

Successful certification is completed by the issuance of the document of the established sample about the awarding of the Bachelor's degree with the professional qualification – teacher of Choreography.

### 5. Matrix of corresponding of program competencies to components of educational and professional program

OK	CC1	CC2	CC3	CC4	CC5	CC6	CC7	CC8	CC9	CC10	CC11	CC12	CC13	CC14	CC15	CC16	CC17	CC18	CC19	CC20	CC21	CC22	CC23	CC24	CC25
<i>GC 1</i>	+		+	+	+				+								+					+	+	+	+
<i>GC 2</i>	+	+	+	+	+		+	+	+			+	+	+			+		+	+		+	+	+	+
<i>GC 3</i>		+		+		+	+	+		+	+	+	+	+	+	+	+					+	+	+	
<i>GC 4</i>		+		+			+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
<i>GC 5</i>		+				+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
<i>GC 6</i>						+				+	+	+	+	+	+		+		+	+	+	+	+	+	+
<i>PC 1</i>							+	+	+		+	+	+	+	+	+	+		+	+	+	+	+	+	+
<i>PC 2</i>				+		+	+	+	+	+	+	+	+	+	+	+	+		+	+	+		+	+	+
<i>PC 3</i>									+		+	+	+	+	+		+		+	+	+	+	+	+	+
<i>PC 4</i>											+	+	+	+	+	+	+			+			+	+	+
<i>PC 5</i>											+	+	+		+								+	+	
<i>PC 6</i>									+					+			+					+	+	+	+
<i>PC 7</i>												+	+	+	+		+						+	+	
<i>PC 8</i>																	+		+	+			+	+	+
<i>PC 9</i>											+	+	+		+			+	+	+	+	+	+	+	+
<i>PC 10</i>														+	+		+		+	+	+		+	+	+
<i>PC 11</i>						+				+				+			+			+			+	+	

**6. Matrix of providing program results of teaching (PRT) by the correspondent components of educational-professional program**

	CC 1	CC 2	CC 3	CC 4	CC 5	CC 6	CC 7	CC 8	CC 9	CC 10	CC 11	CC 12	CC 13	CC 14	CC 15	CC 16	CC 17	CC 18	CC 19	CC 20	CC 21	CC 22	CC 23	CC 24	CC 25
PRL 1	+		+	+	+				+													+	+	+	+
PRL 2	+	+	+	+	+		+	+	+			+	+	+			+			+		+	+	+	+
PRL 3		+		+		+	+	+		+	+	+	+	+	+	+	+					+	+	+	
PRL 4		+		+			+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
PRL 5		+				+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
PRL 6						+				+	+	+	+	+	+		+	+	+	+	+	+	+	+	+
PRL 7							+	+	+		+	+	+	+	+	+	+		+	+	+	+	+	+	+
PRL 8											+	+	+	+	+		+	+	+	+	+	+	+	+	+
PRL 9											+	+	+		+				+	+				+	+
PRL 10						+				+				+			+			+			+	+	

## **Requirements for the Internal System of Assurance of the Quality of Education**

The system of assurance of quality of educational activity and quality of higher education (system of internal assurance of quality) works in Berdiansk State Pedagogical University. The system is based on Standards and recommendations on assurance quality within the European educational environment ESG 2015 and provides the implementation of such procedures and measures:

- 1) quality assurance policy;
- 2) development and approval of programs;
- 3) students-centered education, teaching and assessment;
- 4) enrollment, achievement, recognition and certification of students;
- 5) teaching staff;
- 6) educational resources and support of the students;
- 7) informational management (Information management);
- 8) public information;
- 9) current monitoring and periodical revision of programs;
- 10) cyclic external providing of quality.

The system of internal assurance of quality according to the application of Berdiansk State Pedagogical University is assessed by the National Agency for Higher Education Quality Assurance or by the accredited by NAQA independent institutions of assessment and assurance of quality of higher education in terms of the compliance with the requirements to system of higher education quality assurance which are approved by NAQA and by the international standards and recommendations for higher education quality assurance.